








A Comprehensive Approach to Tobacco Prevention and Cessation: Tools for Rhode Island Schools

This toolkit was designed by the Rhode Island School Tobacco Prevention Coalition to help districts and schools address the issue of tobacco in a comprehensive and effective manner. It is intended for use by District Health and Wellness Subcommittees and other district or school leaders in developing and implementing policies, programs, and curricula to help prevent and reduce the use of tobacco throughout the school community. It serves as an addendum to the [Rhode Island District Health and Wellness Subcommittee Toolkit](#). The resources and tools are based on the best available research and models, with an emphasis on Rhode Island resources.

The Rhode Island School Tobacco Prevention Coalition is a network of organizations interested in preventing tobacco use in elementary and secondary schools in Rhode Island. Members include the Rhode Island Departments of Education (RIDE) and Health (HEALTH), Rhode Island Student Assistance Services, the American Cancer Society - Southern New England Region, the American Lung Association of Rhode Island, and others.

Download the toolkit by section (each section contains several documents):

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0. Front Matter





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1. Introduction

- a. [Introduction to the Toolkit](#) 
- b. [Suggested Steps & Timelines](#) 

2. Tools

Self-Assessment Tools









- a. [Rhode Island District Tobacco Self-Assessment Tool](#) 
- b. [Tobacco Policy Spot Check Recording Sheet](#) 
- c. [CDC's School Health Index](#) 
- d. [CDC's Guidelines for School Health Programs to Prevent Tobacco Use: Summary](#) 

Policy Tools

- e. [Rhode Island Model Tobacco-Free Schools Policy Language](#) 



- f. [Questions and Answers Around Tobacco Policy Enforcement](#) 

3. Data

- a. [Tobacco Data & Trends in the RI Youth Risk Behavior Survey – middle schools & high schools](#) 
- b. [Youth Health Risk Behaviors: How Rhode Island Schools Can Use Survey Data to Create a Healthy Environment for Students: Tobacco](#) 
- c. [Youth Health Risk Behaviors: 2005 Update: Tobacco](#) 
- d. [2006-2007 Tobacco-related Suspensions in RI Public Schools](#) 
- e. [2006 School Health Profiles – Tobacco policies & programs](#) 
- f. [Health Risks Among Rhode Island Public High School and Middle School Students: 2007 Youth Risk Behavior Survey](#) 
- g. [2006-07 SALT Student Survey data – Statewide data – Health Risks](#) 
- h. [2005-06 SALT Student Survey data – Local data - Health Risks](#) 

4. Resources






Curriculum, Instruction & Assessment Resources

- a. [Tobacco Prevention in Health Education](#) 
- b. [Effective Tobacco Prevention Curricula](#) 

Staff Preparation Resources

- c. [Trainings to be Administered](#) 

Parent/Family Involvement Resources

- d. [CDC's Got a Minute? Give It to Your Kid](#) 
- e. ["Let's Talk About... Helping Your Child Say 'No' to Tobacco"](#) 
- f. [Smoke-free Home Pledge \(English & Spanish\)](#) 
- g. [CDC's 2004 Surgeon General's Report: Health Consequences of Smoking: What it Means to You](#) 
- h. [Tobacco Resources and Links for Parents](#)  

Cessation Resources






- i. [New Law Mandates Health Insurance Coverage To Help Smokers Quit In Rhode Island](#) 
- j. [Stages of Change Tool](#) 
- k. [Decisional Balance Tool](#) 
- l. [Tobacco Cessation Resources and Links](#)  

Other Resources

- m. [Tobacco Resources and Links](#)  

5. Laws

- a. [RIPL Chapter 05-074/05-076 – District wellness subcommittees, policies, and plans](#) 

- b. [RIGL §11-9-13 – Sale of tobacco to minors](#) 
- c. [RIGL §11-9-14 – Use of tobacco by minors](#) 
- d. [RIGL §27-18-66 – Accident and sickness insurance – Tobacco cessation programs](#) 
- e. [RIGL Chapter 23-20.9 - Smoking Restrictions in Schools Act](#) 
- f. [RIGL Chapter 23-20.10 - Public Health and Workplace Safety Act](#) 
- g. [R23-20.10-SMOKE - Rules and Regs for Smoke-free Public Places and Workplaces](#) 